

# INTERNATIONAL KITEBOARDING ASSOCIATION

## SUBMISSION FORM

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- The font and size for text in submissions is Arial 11pt

<b>Authorization to make a submission</b> <i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Markus Schwendtner</b>
<b>Position: IKA Secretary General</b>
<b>Contact Email: markus@kiteclasses.org</b>

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**Title: Limitation of Equipment at certain Events**

Subtitle: Kite Size Ranges

A submission from: The IKA Executive Committee

Purpose or Objective

To limit equipment used in certain events to a 3 kite quiver, to address the weight issue (in particular in the women's fleet) and reduce the amount of equipment used at events and for an Olympic campaign.

Proposal

Amend Formula Kite Class Rule C.1 as follows:

C.10.1 LIMITATIONS PER COMPETITOR

Add new item (f)

**(f) The following equipment limitations shall apply at the events and fleets listed in this rule or when this rule is invoked by a Notice of Race:**

- I. **Men's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Large: Nominal Size of 15m or bigger**  
**Medium: Nominal Size of 11m to 15m**  
**Small: Nominal Size 11m or smaller**
  
- II. **Women's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Medium: Nominal Size of 11m to 15m**  
**Small: Nominal Size 11m or smaller**  
**X-Small: Nominal Size 9m and smaller**

**At the following events:**

- **Olympic Games**
- **Olympic Games Test Event**
- **Asian Games**
- **PanAm Games**

**To qualify for Gold Fleet racing in the following events:**

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- **Senior Class World Championships (excluding Youth World Championships)**
- **Senior Class European Championship (excluding Youth European Championship).**
- **Princesa Sofia Regatta (ESP)**
- **Semaine Olympique Francaise (FRA)**
- **Kieler Woche (GER)**
- **Long Beach Olympic Classes Regatta (USA)**
- **Dutch Watersport Week (NED)**

Current Position

As above

Reason

1. Reducing the maximum kite size for the women's fleet will have an impact on the average weight of the women's fleet
2. Reducing the amount of equipment used to a three kite quiver will have positive financial implications for campaigning.

From: vealockirajko@gmail.com

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## Submission

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### Submission

**Slovenian kiteboarding association agrees with kite classes proposal and proposed**

**- limit use of equipment for certain events to a 3-kite quiver: - women: M:15-11m, S: 11m and smaller, XS:9m and smaller - men: L:21-15m, M:15-11m, S:11m and smaller - Limit the max.line length to 15m - Events proposed for limitation:- Olympic Games, Olympic Test Event, Olympic Qualification Events - Gold Fleet in Senior words and Europeans (not youth events) - Gold fleet in Palma, Hyeres, Kiel, Long Beach**

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<b>Authorization to make a submission</b>
<i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Claudio Alessandrello</b>
<b>Position: CKWI _ ITALY nca - consigliere Tesoriere</b>
<b>Contact Email: segreteria@ckwi.org</b>

**Title: Limitation of Equipment at certain Events**

Subtitle: Kite Size Ranges for Women

A submission from: Italy CKWI National Class Association

Purpose or Objective

To limit equipment used in certain events to a 3 kite quiver, to address the weight issue for women and reduce the amount of equipment for women used at events and for an Olympic campaign.

Proposal

Amend Formula Kite Class Rule C.1 as follows:

C.10.1 LIMITATIONS PER COMPETITOR

Add new item (f)

**(f) The following equipment limitations shall apply at the events and fleet listed in this rule:**

- I. **Women's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Medium: Nominal Size of 11m to 15m**  
**Small: Nominal Size 11m or smaller**  
**X-Small: Nominal Size 9m and smaller**

**At the following events:**

- **Olympic Games**
- **Olympic Games Test Event**
- **Asian Games**
- **PanAm Games**

**To qualify for Gold Fleet racing in the following events:**

- **Senior Class World Championships (excluding Youth World Championships)**
  - **Senior Class European Championship (excluding Youth European Championship).**
  - **Princesa Sofia Regatta (ESP)**
  - **Semaine Olympique Francaise (FRA)**
-

- **Kieler Woche (GER)**
- **Long Beach Olympic Classes Regatta (USA)**
- **Dutch Watersport Week (NED)**

Current Position

As above

Reason

1. Reducing the maximum kite size for the women's fleet will have an impact on the average weight of the women's fleet
2. Reducing the amount of equipment used to a three kite quiver will have positive financial implications for campaigning.

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### **Authorization to make a submission**

*Only a duly authorized person may make a submission. Please detail name of authorized person*

**Name of Authorized Person: Claudio Alessandrello**

**Position: CKWI \_ ITALY nca - consigliere Tesoriere**

**Contact Email: segreteria@ckwi.org**



**Title: Limitation of Equipment at certain Events**

Subtitle: Kite Size Ranges for Women

A submission from: Italy CKWI National Class Association

Purpose or Objective

To limit equipment used to 3 kite quiver, to address the weight issue for women and reduce the amount of equipment for women used at events and for an Olympic campaign.

Proposal

Amend Formula Kite Class Rule C.1 as follows:

C.10.1 LIMITATIONS PER COMPETITOR

Add new item (f)

**(f) The following equipment limitations shall apply at all events and fleets listed in this rule:**

- I. **Women's fleet:**
  - Not more than one production kite shall be registered per size range:**
  - Medium: Nominal Size of 11m to 15m**
  - Small: Nominal Size 11m or smaller**
  - X-Small: Nominal Size 9m and smaller**

Current Position

As above

Reason

1. Reducing the maximum kite size for the women's fleet will have an impact on the average weight of the women's fleet
  2. Reducing the amount of equipment used to a three kite quiver will have positive financial implications for campaigning.
-

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<b>Authorization to make a submission</b> <i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Andy Gratwick (BKSA)</b>
<b>Position: MD</b>
<b>Contact Email: <a href="mailto:andygratwick@britishkitesports.org">andygratwick@britishkitesports.org</a></b>

---

**Title: Limitation of Equipment at certain Events**

Subtitle: Kite Size Ranges

A submission from: British Kitesports Association (BKSA) GBR

Purpose or Objective

-To limit equipment used in formula kite events to a 3 kite quiver, to reduce the amount of equipment needed for competitors and therefore reducing the overall cost of their Olympic campaign.

-Increase accessibility for future athletes to compete.

Proposal

Amend Formula Kite Class Rule C.1 as follows:

C.10.1 LIMITATIONS PER COMPETITOR

Add new item (f)

**(f) The following equipment limitations shall apply at the events and fleets listed in this rule:**

- I. **Men's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Large: Nominal Size of bigger than 15m and no larger than 21m**  
**Medium: Nominal Size of 15m or smaller**  
**Small: Nominal Size 11m or smaller**
  
- II. **Women's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Large: Nominal Size of 11m to 15m**  
**Medium: Nominal Size 11m or smaller**  
**Small: Nominal Size 9m and smaller**

**At the following events:**

**-All Formula Kite events from National to Olympic level**

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## Reason

1. Reducing the amount of equipment that a competitor needs to a three-kite quiver will have positive financial implications for campaigning.
2. Increase accessibility to encourage more future athletes to complete in the class.

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<b>Name of Authorized Person: Claudio Alessandrello</b>
<b>Position: CKWI _ ITALY nca - consigliere Tesoriere</b>
<b>Contact Email: segreteria@ckwi.org</b>

**Title: Limitation of Equipment at certain Events**

Subtitle: Kite Size Ranges for Men

A submission from: Italy CKWI National Class Association

Purpose or Objective

To limit equipment used in certain events to a 3 kite quiver, to address the weight issue for men and reduce the amount of equipment for men used at events and for an Olympic campaign and reducing the maximum size to 19 m2.

Proposal

Amend Formula Kite Class Rule C.1 and as follows:

C.10.1 LIMITATIONS PER COMPETITOR

Add new item (f)

**(f) The following equipment limitations shall apply at the events and fleet listed in this rule:**

- I. **Men's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Large: from 15m to maximum size 19 m2.**  
  
**Medium: Nominal Size of 11m to 15m**  
**Small: Nominal Size 11m or smaller**

**At the following events:**

- **Olympic Games**
- **Olympic Games Test Event**
- **Asian Games**
- **PanAm Games**

**To qualify for Gold Fleet racing in the following events:**

- **Senior Class World Championships (excluding Youth World Championships)**
  - **Senior Class European Championship (excluding Youth European Championship).**
  - **Princesa Sofia Regatta (ESP)**
-

- **Semaine Olympique Francaise (FRA)**
- **Kieler Woche (GER)**
- **Long Beach Olympic Classes Regatta (USA)**
- **Dutch Watersport Week (NED)**

Current Position

As above

C.10.5 LIMITATIONS

From 01.09.2024 onwards, the maximum nominal kite size for male competitors is 21.00 m<sup>2</sup>

Reason

1. Reducing the maximum kite size for the men's fleet will have a good impact for the future of the class, developing kite range and performance from lighter wind to higher range use.
2. Reducing the amount of equipment used to a three kite quiver will have positive financial implications for campaigning.

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<b>Position: CKWI _ ITALY nca - consigliere Tesoriere</b>
<b>Contact Email: segreteria@ckwi.org</b>



**Title: Limitation of Equipment at certain Events**

Subtitle: Kite Size Ranges for Men

A submission from: Italy CKWI National Class Association

Purpose or Objective

To limit equipment used in certain events to a 3 kite quiver, to address the weight issue for men and reduce the amount of equipment for men used at events and for an Olympic campaign and reducing the maximum size to 19 m<sup>2</sup>.

Proposal

Amend Formula Kite Class Rule C.1 and as follows:

C.10.1 LIMITATIONS PER COMPETITOR

Add new item (f)

**(f) The following equipment limitations shall apply to all events and fleet listed in this rule:**

- I. **Men's fleet:**  
**Not more than one production kite shall be registered per size range:**  
**Large: from 15m to maximum size 19 m<sup>2</sup>.**  
  
**Medium: Nominal Size of 11m to 15m**  
**Small: Nominal Size 11m or smaller**

Current Position

As above

C.10.5 LIMITATIONS

From 01.09.2024 onwards, the maximum nominal kite size for male

competitors is 21.00 m<sup>2</sup>

Reason

1. Reducing the maximum kite size for the men's fleet will have a good impact for the future of the class, developing kite range and performance from lighter wind to higher range use.
  2. Reducing the amount of equipment used to a three kite quiver will have positive financial implications for campaigning.
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<b>Name of Authorized Person: Markus Schwendtner</b>
<b>Position: IKA Secretary General</b>
<b>Contact Email: markus@kiteclasses.org</b>

---

**Title: Line Length**

Subtitle: For Formula Kite only

A submission from: The IKA Executive Committee

Purpose or Objective

To limit the maximum line length to what is currently used, to avoid extra long lines to generate additional power when using smaller kites

Proposal

Amend Formula Kite Class Rule C.9.5 as follows:

C.9.5 DIMENSIONS

The maximum distance measured from the lowermost point of the rigging to ~~any part of the kite, when rigged,~~ **the connection between speedsystem/mixer and bridles** shall be ~~45000~~ **16000** mm.

	Maximum Diameter	Minimum Diameter
Front Lines	-	1.2mm
Back Lines	-	0.8mm

Current Position

As above

Reason

1. The current usually used line length is 13-14m
  2. Limiting the maximum line length to the intended length limits the power that a kite can generate in given situations.
-



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<b>Name of Authorized Person: Markus Schwendtner</b>
<b>Position: IKA Secretary General</b>
<b>Contact Email: markus@kiteclasses.org</b>

---

**Title: Line Length**

Subtitle: For Formula Kite only

A submission from: The IKA Executive Committee

Purpose or Objective

To limit the maximum line length to what is currently used, to avoid extra long lines to generate additional power when using smaller kites

Proposal

Amend Formula Kite Class Rule C.9.5 as follows:

C.9.5 DIMENSIONS

The maximum distance measured from the lowermost point of the rigging to ~~any part of the kite, when rigged,~~ the bridle attachment points on the kite shall be ~~45000~~ **25000** mm.

	Maximum Diameter	Minimum Diameter
Front Lines	-	1.2mm
Back Lines	-	0.8mm

Current Position

As above

Reason

1. The current usually used line length is 13-14m
  2. Limiting the maximum line length to the intended length limits the power that a kite can generate in given situations.
  3. This submission also limits the option to make “extra long” bridles
  4. The maximum checklength of bridles of any manufacturer is approx. 8.5m. The currently used line length (including speedsystem) from the harness is 16m. In combination, 25m should be the max combined length
-

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<b>Authorization to make a submission</b> <i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Jean-Luc DENECHAU</b>
<b>Position: President of the French Sailing Federation (FFVoile - French MNA)</b>
<b>Contact Email: <a href="mailto:international@ffvoile.fr">international@ffvoile.fr</a></b>



**Title: Weight limit**

Subtitle: Weight limits

A submission from: **The French Sailing Federation (FFVoile)**

Purpose or Objective

To introduce a weight limit for women's fleets only.

Proposal :

Change Class Rule C.2.1 as follows:

C.2.1 LIMITATIONS

(a) The crew shall consist of one person

**(b) The maximum weight of the crew (in swimwear) shall not exceed only for women 75 kg.**

Current Position

The current regulations under Section C.2.1 limitations under C.2 Crew, in section C PART II requirements and limitations, state that the crew shall consist of one person without specifying weight restrictions for competitors.

Reason

- To address the growing physical and psychological pressure on female athletes to gain weight, which has led to health issues and reduced participation (please, refer to the document including survey results conducted on the women's fleet).
  - To ensure fairness and inclusivity within the sport by creating standardized weight limits.
  - To maintain competitive balance and encourage wider participation without excessive weight-related demands.
  - To support the long-term sustainability and attractiveness of the sport, particularly for female athletes.
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<b>Authorization to make a submission</b> <i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Casper Bouman</b>
<b>Position: Headcoach TeamNL Kitefoil</b>
<b>Contact Email: casper.bouman@watersportverbond.nl</b>

**Title: Weight limit for women Kitefoil**

Subtitle: Weight limit

A submission from: TeamNL Kitefoil

Purpose or Objective

To introduce a weight limit for women's kitefoil fleet only

Proposal

Change Class Rule C.2.1 as follows:

C.2.1 LIMITATIONS

(a) The crew shall consist of one person

**(b) The maximum weight of the crew (in swimwear) shall not exceed only for women 75 kg.**

Current Position

The current regulations under Section C.2.1 limitations under C.2 Crew, in section C PART II requirements and limitations, state that the crew shall consist of one person without specifying weight restrictions for competitors.

As above

Reason

- To address the growing physical and psychological pressure on female athletes to gain weight, which has led to health issues and reduced participation (please, refer to the document including survey results conducted on the women's fleet).
  - To ensure fairness and inclusivity within the sport by creating standardized weight limits.
  - To maintain competitive balance and encourage wider participation without excessive weight-related demands.
  - To support the long-term sustainability and attractiveness of the sport, particularly for female athletes.
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Current Position

Reason

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<b>Authorization to make a submission</b> <i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Tomás Pires de Lima - Portugal</b>
<b>Position: Sailor and Class Sailor's representative Portugal</b>
<b>Contact Email: tomaspl.velaspl@gmail.com</b>

**Title: Weight limit**

Subtitle: Weight limits

A submission from:

Purpose or Objective

To introduce a weight limit for women's fleets only.

Proposal :

Change Class Rule C.2.1 as follows:

C.2.1 LIMITATIONS

(a) The crew shall consist of one person

**(b) The maximum weight of the crew (in swimwear) shall not exceed only for women 75kg.**

Current Position

The current regulations under Section C.2.1 limitations under C.2 Crew, in section C PART II requirements and limitations, state that the crew shall consist of one person without specifying weight restrictions for competitors.

As above

Reason

- To address the growing physical and psychological pressure on female athletes to gain weight, which has led to health issues and reduced participation (please, refer to the document including survey results conducted on the women's fleet).
  - To ensure fairness and inclusivity within the sport by creating standardized weight limits.
  - To maintain competitive balance and encourage wider participation without excessive weight-related demands.
  - To support the long-term sustainability and attractiveness of the sport, particularly for female athletes.
-

# INTERNATIONAL KITEBOARDING ASSOCIATION

## SUBMISSION FORM

This submission template shall be used as the format for your submission, and uploaded via the online submission portal.

Please read the following notes carefully before completing the Submission Template.

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- If the submission proposes new policy, please insert the wording in full in the “Proposal” section and also complete the “Current Position” and “Reason” section.
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- The font and size for text in submissions is Arial 11pt

### **Authorization to make a submission**

*Only a duly authorized person may make a submission. Please detail name of authorized person*

**Name of Authorized Person: ANTONIO MINGUEZ DÍAZ DEL RIO**

**Position: COACH SPANISH SAILING FEDERATION**

**Contact Email: KITEW@RFEV.ES**

Submission: 00-XX

**TITLE: WEIGHT LIMIT**

## SUBTITLE: WEIGHT LIMITS

### A SUBMISSION FROM:

#### Purpose or Objective

To introduce a weight limit for women's fleets only.

#### Proposal :

Change Class Rule C.2.1 as follows:

#### C.2.1 LIMITATIONS

(a) The crew shall consist of one person

**(b) The maximum weight of the crew (in swimwear) shall not exceed only for women 75 kg.**

#### Current Position

The current regulations under Section C.2.1 limitations under C.2 Crew, in section C PART II requirements and limitations, state that the crew shall consist of one person without specifying weight restrictions for competitors.

#### As above

#### Reason

- To address the growing physical and psychological pressure on female athletes to gain weight, which has led to health issues and reduced participation (please, refer to the document including survey results conducted on the women's fleet).



- To ensure fairness and inclusivity within the sport by creating standardized weight limits.
- To maintain competitive balance and encourage wider participation without excessive weight-related demands.
- To support the long-term sustainability and attractiveness of the sport, particularly for female athletes.

### **Only for women's fleet**

- Housekeeping if the submission is to be included
  - Change in section C1.1(c) the following definitions:
    - Large > 1
    - Medium > 2
    - Small > 3
    - X-Small > 4
  
- **Submission:**
  - Add to section G.2 (Kite Limitation) at the class rules:
    - If the average wind speed is clearly over 10 knots across the course, the race committee shall signal by hoisting \_\_\_ flag, that competitors not allowed to use the kite which they registered to the event as number 1 kite.
    - If the average wind speed is clearly over 15 knots across the course, the race committee shall signal by hoisting \_\_\_ flag, that competitors not allowed to use the kites which they registered to the event as number 2 kite.

The length of the line will not be more than 15 meters (from the bar)

## Oh Advancing Formula Kite: Fostering Inclusivity and Class Growth

In recognition of World Sailing's request for proposals to help reduce the physical and mental health toll on athletes, the Canadian Kiteboarding Association recommends implementation of kite specific wind limits.

This proposal could be used in combination with a 3-Kite or 2-kite quiver in the future to help further curb costs of the sport.

We believe that establishing wind limits for each kite would mitigate the advantage that higher body mass confers at the upper end of the manufacturer's recommended wind range.

Below are proposed wind ranges that would have a moderate effect on women's fleet target weight while also having some effect on the men's fleet but to a slightly lesser degree. The idea would be to allow riders to use smaller kites whenever desired but to limit the maximum wind at which each kite could be used.

If a larger effect on men's fleet target weight and cost is desired, we suggest a reduction to the max kite size of 19m as well. This would likely allow for the 9m to become an optional kite and get the fleet closer to the 3-kite quiver further reducing cost.

Proposed wind limits:

### **Women:**

- 19m: max 9 knots
- 15m: max 12 knots
- 11m: max 16 knots
- 9m: class maximum (25-30 knots)

### **Men:**

- 21m: max 10 knots
- 15m: max 15 knots
- 11m: max 20 knots
- 9m: class maximum

Men: (if new max of 19m kite or 3 kite quiver):

- 19m: max 10 knots

- 15m: max 15 knots
- 11m: class maximum

To address some of the logistic issues that may arise while implementing wind limits we suggest the following.

The formula kite class to purchase a quality wind measurement and logging system which can be used at major class events.

Race committee will determine kite size selection using on-water wind measurements at the start line based on a 5-minute average.

Unstable / Gusty conditions: kite size to be used will correspond to the 5-minute average unless gusts regularly exceed more than 1 range higher. If exceeding more than 1 range above the average, wait till stability or default to kite size in between the ranges.

- Example 1: womens fleet, 5-min average of 8.9 knots (19m range) but gusts of 13 knots (11m range). If no 5 minute stability into the 19m range, suggest one kite size smaller (15m).

Line length: we believe that a maximum line length of 15m is sufficient. As more events occur and experience shows a need for change, this could be a cost effective and simple area for adjustment to class rules.

Thank you for your consideration.

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<b>Authorization to make a submission</b> <i>Only a duly authorized person may make a submission. Please detail name of authorized person</i>
<b>Name of Authorized Person: Daniel Rey</b>
<b>Position: President Swiss Kitesailing Association</b>
<b>Contact Email: president@swisskitesailing.ch</b>

**Title: holistic and rational decisions for a successful future**

Subtitle: sustainable improvements to lower campaign cost & promote women fleet

A submission from: Swiss Kitesailing Association

Purpose or Objective

Prevent the class from making short-sighted decisions for the current 2028 cycle that weaken the future of the class.

Formulate the intention to work with the industry to better tailor material to female athletes and also reduce campaign costs for 2032 cycle.

Following proposal includes A), B) and C) as a package.

Proposal

A) no change to equipment status-quo for 2028 cycle

- stay with max kite size 21qm (men) and 19qm (women) and leave 9qm

B) evaluate race course options in 2025 to add more technical elements

- objective is to amend the sport by promoting of more technical skills and less solely top speed
- not creating another sport but slight amendment to the race course

C) setup a working group to define equipment for next cycle 2032

- working group participants shall include the current industry partners and the IKA executive committee to bring few equipment specification proposals by 31.12.2025 to have IKA members vote on in early 2026.
  - working group for hydrofoil
    - o specify design rules for women foil performing best at lower weight compared to the current foils
  - working group for kites
    - o define 3 kite quiver for women and men
-

- preserve race performance starting at 5-6kn wind speed
- ensure racing up to 25kn also for lighter athletes including Youth U17
- defining material limitation to foster increased longevity/durability of the kites (e.g. minimal bridle diameters, minimal sailcloth thickness)

## Reason

Rational for “A) no change to equipment status-quo for 2028 cycle”

- eliminating largest kite would **NOT address the athletes strength/weight sensitivity** of the sport
- it would **negatively affect race execution** in winds below 10kn which is not in the interest of the class
- eliminating a kite (e.g. 19qm for women) would have **cost implications for athletes** who have invested into the that kite size and also for the industry who has invested into development, production and inventory
- current **15qm kite have NOT been developed for low end** wind range and would not perform adequately as largest kite of the quiver
- having different size limitations for kites in various competitions, and even varying by fleet, **complicates the rules** and raises additional issues
- **eliminating the 9qm for men is NOT relevant** to cost, if athlete never uses, he will not invest and neither register, while 9qm may be critical for youth athlete joining men events. More logical approach for quiver specification for next cycle 2032 would be to consider a max wind for races (e.g. 25kn)

Rational for “B) evaluate race course options in 2025 to add more technical elements

- fact: formula kite is a **weight-sensitive sport type 3** according “*Weight in sport: changing the focus from ‘weight-sensitive sports’ to risk groups of athletes, Irena Martínková at all., 2024*”
- rules can impact the weight-sensitivity of the sport, there is a balance between **amending the rules to decrease the weight-sensitivity** versus changing the rules so much and creating a new sport
- goal here is to **investigate and test race course options** which increase technical aspects (such as additional mark rounding, shorter top speed sections, addition tack and jibe)

Rational for “C) setup a working group to define equipment for next cycle 2032”

- currently, the design of the equipment encourages **maximum performance** without significant limitations for the hydrofoil
- the working group for hydrofoil shall **propose specific design limitations** for developing a hydrofoil system that delivers optimal performance based on the average weight of female athletes, while **remaining performing safe** with excessive force from a strong athlete
- those design specifications shall be **same for all manufacturers** to ensure a fair competition as manufacturers still will aim to develop the fastest foil system within those specifications
- current kite quiver is developed as a 4-kite system to cover the entire wind range delivery **maximum racing performance at low- and high-end** wind range
- the working group for kite shall define a 3-kite quiver to **reduce amount of equipment** while maintaining the low-end wind limit of 5-6kn for racing
- the quiver for female shall take into account the **lower average weight of woman** athletes
- as the amount of equipment will not significantly improve the campaigning cost, the working group has to investigate in equipment limitations that increase durability and so longevity of the kite (min bridle thickness, min sailcloth thickness,..)
- those design specifications shall be **same for all manufacturers** to ensure a fair competition as manufacturers still will aim to develop the fastest kite quiver within those specifications

#### Rational on weigh management in general

- the paper "*Weight in sport: changing the focus from 'weight-sensitive sports' to risk groups of athletes, Irena Martínková, Jacob Giesbrecht & Jim Parry (22 Jul 2024): Sport, Ethics and Philosophy, DOI: 10.1080/17511321.2024.2379379*" does discusses in great detail weight-management practices for athletes and coaches in weight-sensitive sports  
To link to this article: <https://doi.org/10.1080/17511321.2024.2379379>
- sports advantaging a muscular heavier physique, in which athletes desire to gain weight and muscle mass are common (rugby, football, and sports involving downhill travel benefit from larger body mass, and strong robust bodies, which helps in negotiating gravitational and centrifugal force, and larger body weight is beneficial for generating speed.
- some sports have established weight categories which hasn't eliminated weight management and its related eating disorder and mental illness
- evidence on training strategies for coaches for athletes' weight management
  - REALE, R., G. SLATER, and L.M. BURKE. 2018. Weight management practices of Australian Olympic combat sport athletes. *International Journal of Sports Physiology & Performance* 13 (4): 459–66. doi:10.1123/ijsp.2016-0553
  - CHARLES, J.D. and A. BEJAN. 2009. The evolution of speed, size and shape in modern athletics. *Journal of Experimental Biology* 212 (15): 2419–25. doi:10.1242/jeb.031161



- negative effects of weight management and associated problems (eating disorders, disordered eating, body shaming, etc.)
  - BRATLAND-SANDA, S. and J. SUNDGOT-BORGEN. 2013. Eating disorders in athletes: Overview of prevalence, risk factors and recommendations for prevention and treatment. *European Journal of Sport Science* 13(5): 499–508. doi:10.1080/17461391.2012.740504
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  - KOPPENBURG, C., F. SAXER, W. VACH, D. LÜCHTENBERG, and A. GOESELE. 2022. Eating disorder risks and awareness among female elite cyclists: An anonymous survey. *BMC Sports Science, Medicine and Rehabilitation* 14 (1): 1–11. doi:10.1186/s13102-022-00563-6
  - CARL, R.L., M.D. JOHNSON, T.J. MARTIN, C.R. LABELLA, M.A. BROOKS, A. DIAMOND, W. HENNRİKUS, M. LABOTZ, K. LOGAN, K.J. LOUD, K.A. MOFFATT, B. NEMETH, B. PENGEL, and A. PETERSON. 2017. Promotion of healthy weight-control practices in young athletes. *Pediatrics* 140 (3): 1–13. doi:10.1542/peds.2017-1871
  - LANGAN-EVANS, C., R. REALE, J. SULLIVAN, and D. MARTIN. 2022. Nutritional considerations for female athletes in weight category sports. *European Journal of Sport Science* 22 (5): 720–32. doi:10.1080/17461391.2021.1936655